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## Report of the Head of Democratic Services

### Report to Scrutiny Board (Adults, Health and Active Lifestyles)

Date: 23 July 2019

Subject: Proposed Changes to Mental Health Services for Adults and Older People in Wetherby

Are specific electoral wards affected?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If yes, name(s) of ward(s): Wetherby, Various	
Has consultation been carried out?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Are there implications for equality and diversity and cohesion and integration?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Will the decision be open for call-in?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If relevant, access to information procedure rule number:	
Appendix number:	

## Summary

### 1. Main issues

- The Scrutiny Board has previously been made aware of proposed changes to mental health services for adults and older people in Wetherby – currently delivered through contract arrangements with Tees, Esk and Wear Valley NHS Foundation Trust (TEWV).
- In summary, the proposals are focused on the closure of current in-patient facilities in Harrogate (Briary Wing), with future in patient access at an alternative location (most likely York) with an enhanced offer of community support services. A summary of the proposals is presented at Appendix 1.
- As the proposals potentially impact on two other local authority areas (North Yorkshire County Council and City of York Council), members of the Board have been working in collaboration with other health scrutiny members from those authorities. This included a joint meeting, held in public on 15 February 2019.
- Tees, Esk and Wear Valley NHS Foundation Trust (TEWV) developed a number options and during this process identified that a stand-alone unit would not be clinically viable from a clinical quality, safety and workforce availability perspective.
- The only viable option identified by TEWV was to relocate inpatient beds to York, where there are plans to build new hospital by 2020 – allowing TEWV to reinvest in

developing an enhanced community offer that provides early intervention and support within the community and in people's homes.

- In terms of Wetherby, the impact of the proposed changes will mean that people would have to travel to York instead of Harrogate for in-patient services.
- As part of the 12 week engagement, Leeds CCG and TEWV are seeking to engage with the people of Wetherby to ensure there is a greater understanding of the proposals and associated impact – in particular, regarding travelling to York, the accessibility of public transport and how best to mitigate any negative impacts.
- As part of engagement, Leeds CCG is seeking views on whether people would prefer to access inpatient services in Leeds.
- Furthermore, the proposed engagement aims to provide an opportunity for the people of Wetherby to share their views on developing an enhanced community offer.

## **2. Best Council Plan Implications** (click [here](#) for the latest version of the Best Council Plan)

- The focus for Leeds and its partners in 2019/20 is to improve outcomes; using the city's Inclusive Growth and Health & Wellbeing Strategies as key drivers which lie at the heart of the city's ambition to be the Best City. Involvement in the consultation process on this issue will seek to enable people with care and support needs to have choice and control.

## **3. Resource Implications**

- There are no specific financial implications at this time. Any appropriate matters will need to be taken into account if any additional scrutiny activity is deemed appropriate and if any specific recommendations are being considered.

## **Recommendations**

The Scrutiny Board is asked to:

- (a) Note the service proposals and engagement plans summarised in this report.
- (b) Note the draft minutes of the joint scrutiny meeting held on 15 February 2019.
- (c) Identify and agree any specific comments on the proposals and engagement plans.

## **1. Purpose of this report**

- 1.1 The purpose of this report is to provide the Scrutiny Board with a summary of the proposed changes to mental health services for adults and older people in Wetherby – currently delivered through contract arrangements with Tees, Esk and Wear Valley NHS Foundation Trust.
- 1.2 The report provides an opportunity for the Board to review the engagement plan to develop community mental health services for people in Harrogate, its surrounding areas and Wetherby, who also receive mental health services from the Trust

## **2. Background information**

- 2.1 Tees, Esk and Wear Valley (TEWV) NHS Foundation Trust deliver community and inpatient mental health services for Harrogate and its rural district. As part of a contract between the NHS Leeds Clinical Commissioning Group (CCG) and Harrogate and Rural District CCG, TEWV also provides these services for the residents of Wetherby and its surrounding areas.
- 2.2 Proposals for the future development of mental health services for adults and older people were recently approved by the Harrogate and Rural District CCG. In summary, the proposals are focused on the closure of current in-patient facilities in Harrogate (Briary Wing) with future in patient access at an alternative location (most likely York) with an enhanced offer of community support services.
- 2.3 It has been outlined that the proposals will allow TEWV to maximise patient safety and provide the best possible patient experience, whilst remaining true to their commitment to providing care as close to home as possible.
- 2.4 In the future, when people need to spend time in hospital these services will be provided in a specialist facility in York where TEWV is already building a new mental health hospital (expected to be completed in 2020).
- 2.5 By transferring inpatient services from the Briary Wing, Harrogate, it enables TEWV to reinvest money in community services to focus on supporting people at home whenever possible. It also ensures that when someone needs inpatient care they will receive it in a safe, high-quality environment.
- 2.6 By investing in community services, the aim is to reduce the number of inpatient admissions as well as the length of time individuals need to spend in hospital. The approved approach releases £500,000 per year to invest in community services. TEWV have already begun looking at how they can improve the way they work to give people the support they need.
- 2.7 The Scrutiny Board has previously been made aware of proposed changes to mental health services for adults and older people in Wetherby.

2.8 As the proposals potentially impact on two other local authority areas (North Yorkshire County Council and City of York Council), members of the Board have been working in collaboration with other health scrutiny members from those authorities. This included a joint meeting on February 2019. (Draft minutes attached at Appendix 2).

### **3. Main issues**

- 3.1 As outlined above, TEWV delivers community and inpatient mental health services for Harrogate and its rural district. As part of a contract between the NHS Leeds Clinical Commissioning Group (CCG) and Harrogate and Rural District CCG, TEWV also provides these services for the residents of Wetherby and its surrounding areas.
- 3.2 A summary of proposed changes to these services is presented at Appendix 1. Implementation of the proposals is anticipated by Spring 2020.
- 3.3 Leeds CCG and TEWV now want to work with local people to develop community services that will support more people to remain in their home environment.

#### Hospital (in-patient) admissions

- 3.4 Leeds CCG commissions TEWV to provide secondary mental health services to the population of Wetherby. Hospital admissions relating to Wetherby are relatively low, for example,
- 2015/16, 6 admissions
  - 2016/17, 10 admissions
  - 2017/18, 13 admissions
  - 2018/19, 16 admissions

Based on the above figures, the average annual admission rate for adults and older people is 11.25.

- 3.5 According to TEWV, admission rates are higher than the indicated level of need for both the Harrogate and Wetherby population and therefore there is the potential opportunity to reduce reliance on hospital admissions through the development of an enhanced community offer.
- 3.6 The specific impact of the proposed changes to the Wetherby population is likely to relate to travelling/transport to York.

#### Engagement

- 3.7 As part of the 12 week engagement, Leeds CCG and TEWV are seeking to engage with the people of Wetherby to ensure there is a greater understanding of the proposals and associated impact – in particular, regarding travelling to York, the accessibility of public transport and how best to mitigate any negative impacts.
- 3.8 As part of the engagement, Leeds CCG is seeking views on whether people would prefer to access inpatient services in Leeds.
- 3.9 Furthermore, the proposed engagement aims to provide an opportunity for people from Wetherby to share their views on developing an enhanced community offer.

3.10 The engagement will run from 24 June 2019 to 13 September 2019 (12 weeks).

### Engagement Plan

3.11 The associated engagement plan is attached at Appendix 3; and consists of 3 elements; survey, drop in events and focus groups.

#### Survey

3.12 The survey has been developed by TEWV and can be viewed on their website here: <https://www.surveymonkey.co.uk/r/Q6P9XQP>. The survey will be promoted widely and will give people an opportunity to give their feedback on the proposed changes including any impact on travel arrangements.

#### Attending a drop-in event

3.13 People can attend an informal ‘drop-in’ session where members of the NHS Leeds CCG engagement team will be in attendance to discuss the engagement, proposals for developing community mental health services and offer feedback. The CCG will prompt people to talk about any impact the change may have on them, including travel arrangements. Surveys will be available to complete and people can receive support to do this, if needed.

3.14 Three drop-in sessions have been arranged, aimed at allowing people situated near the affected practices to attend in person and give feedback and find out more. These sessions are:

- Monday 5 August 2019, 1pm – 4pm – **Spa Surgery** (LS23 6PY)
- Monday 19 August 2019, 4pm – 7pm – **Bramham Medical Centre** (LS23 6ZA)
- Wednesday 4 September 2019, 10am – 12pm – **Wetherby Town Hall** (LS22 6NE)

3.15 The drop-in sessions will be advertised on the NHS Leeds CCG website and promoted on the practice websites and within reception.

#### Attending a focus group for seldom heard communities

3.16 Voluntary Action Leeds (VAL) will also be supporting this engagement through the Leeds Voices programme. VAL will be requested to recruit to and run a number of focus groups for communities that were identified during the analysis of equality impact data. It is understood that VAL will be arranging focus groups with the following communities:

- Older people
- People with mental health difficulties
- People with long term conditions
- Carers
- Men

## **4. Corporate considerations**

### **4.1 Consultation and engagement**

- 4.1.1 Following approval of proposals for the future development of mental health services for adults and older people by the Harrogate and Rural District CCG and Leeds CCG; TEWV is undertaking consultation on the proposals, including a number of public consultation drop in sessions outlined elsewhere in this report and consultation with Councillors in the areas where the proposals will have the greatest impact.

## **4.2 Equality and diversity / cohesion and integration**

- 4.2.1 The Scrutiny Board Procedure Rules state that, where appropriate, all work undertaken by Scrutiny Boards will ‘...review how and to what effect consideration has been given to the impact of a service or policy on all equality areas, as set out in the Council’s Equality and Diversity Scheme’. However, the information provided in this report largely relates to external organisations, which may be subject to other considerations relating to equality, diversity, cohesion and integration.
- 4.2.2 The Engagement Plan (attached at Appendix 3) reflects that specific engagement for people with protected characteristics will ensure they are engaged in this process and therefore focus groups are planned as part of this engagement.
- 4.2.3 Matters set out in the Council’s Equality and Diversity Scheme may need to be taken into account if any additional scrutiny activity is deemed appropriate.

## **4.3 Council policies and the Best Council Plan**

- 4.3.1 The terms of reference of the Scrutiny Boards promote a strategic and outward looking Scrutiny function that focuses on the best council objectives.
- 4.3.2 The focus for Leeds and its partners in 2019/20 is to improve outcomes; using the city’s Inclusive Growth and Health & Wellbeing Strategies as key drivers which lie at the heart of the city’s ambition to be the Best City. Involvement in the consultation process on this issue will seek to enable people with care and support needs to have choice and control.

### Climate Emergency

- 4.3.3 When considering areas of work, the Board is reminded that Active Travel now forms part of the Health, Wellbeing and Adults portfolio area.
- 4.3.4 Travel impacts have also been identified as potential issues arising from the proposals.

## **4.4 Resources, procurement and value for money**

- 4.4.1 This report has no specific financial implications at this time. Any appropriate matters will need to be taken into account if any additional scrutiny activity is deemed appropriate and if any specific recommendations are being considered.

## **4.5 Legal implications, access to information, and call-in**

- 4.5.1 This report has no specific legal implications.

## **4.6 Risk management**

4.6.1 This report has no specific risk management implications.

## **5. Conclusions**

5.1 This report provides the Scrutiny Board with a summary of the proposed changes to mental health services for adults and older people in Wetherby and an opportunity for the Board to review and participate in the engagement and consultation exercise associated with the proposals.

## **6. Recommendations**

6.1 The Scrutiny Board is asked to:

- (a) Note the service proposals and engagement plans summarised in this report.
- (b) Note the draft minutes of the joint scrutiny meeting held on 15 February 2019.
- (c) Identify and agree any specific comments on the proposals and engagement plans.

## **7. Background documents<sup>1</sup>**

7.1 None.

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<sup>1</sup> The background documents listed in this section are available to download from the council's website, unless they contain confidential or exempt information. The list of background documents does not include published works.